



# The Willow

January 21, 2009

*The Waldorf School of Princeton: Celebrating 25 Years!*

## School Calendar

### JANUARY

1/24	Sat	Open House	10:00am-12:00pm
1/26	Mon	Board Meeting	7:00pm
1/28	Wed	Wednesdays at Waldorf Topic: Waldorf Education and Boys	8:15-9:00am
1/28	Wed	Windy Hill School Store Open	8:30am-1:00pm
1/29	Thu	Grade 3 Class Play for Community *	6:00pm
1/29	Thu	Pizza Orders Due	
1/31	Sat	Grade School Assembly Princeton High School - all welcome	9:30am

### FEBRUARY

2/2	Mon	Fourth Grade Class Meeting	7:30pm
2/5	Thu	Parent Meeting for Mrs. Kessler's Kindergarten	TBD
2/9	Mon	Third Grade Parent Meeting	7:00pm
2/9	Mon	Early Childhood Conference	No EC Classes
2/15	Sun	Folk Tale Puppets: <i>Speech of the Beasts</i> (from India)	2:00pm
2/16	Mon	Deadline for Applying for Tuition Assistance	
2/16-2/20		Presidents' Week	NO SCHOOL
2/25	Wed	Deadline for Returning 09/10 contracts	

### MARCH

3/5	Thu	Parent Teacher Conferences	NO SCHOOL
3/6	Fri	Parent Teacher Conferences	NO SCHOOL
3/10	Tues	7th Grade Round Robin	TBD

\*Date of Grade 3 Class Play may change. Please see next issue of the Willow for further updates!

### From the Faculty Committee

Once again, some parents have received surveys to help us get a full picture of our teacher's work so that we can continue to offer the highest quality teaching possible. Please be sure to return the short questionnaire if you received one.

### Nonviolent Communication Group

A Nonviolent Communication study group for all members of the Waldorf community, past and present, meets every Thursday from 8:45 - 10:15am to learn and practice nonviolent communication (see [www.cnvc.org](http://www.cnvc.org)). We are expecting to welcome some new members this month. Would you like to be one of them? Please call Ondria Wasem at 609-933-2994 or send email to [Ondria@alum.mit.edu](mailto:Ondria@alum.mit.edu) if you would like to get more information or join the study group.

### News from the Windy Hill Store

DR. HAUSCHKA SALE  
NOURISH YOURSELF IN THE NEW YEAR!

All Dr. Hauschka Products are 10% off!  
Stock up now.  
Place your orders for Smart Wool now. It's not too early to think about SPRING!

Smart Wool carries Camis, Tanks, and Tees. Stop by the store to place your order.

The Windy Hill Store is open Wednesdays upstairs in the Golden House.

### Whee!

The big sledding hill can be loads of fun, but safety is a top priority. It would be helpful if families adhered to the same rules after school that we insist on during school:

- No more than 2 people on a sled.
- Slide down the middle and come up the sides
- Be sure your name is on your sled, and offer others a ride
- Get permission to borrow a sled from the owner, and return it to its place
- Be aware of others and respectful on the hill
- The big hill is for big kids
- Be responsible to replace a sled if you broke it

### Upcoming enrichment workshops, sign up now!

- Watercolor Painting for grades 3-5
- Improv for grades 7-8

We welcome students outside our school to experience some of the wonderful artistic activities our students enjoy. Please help get the word out for these workshops (Flyers available in Mrs. Rose's office).

### Join in the Fun!

Come cheer on the Basketball Teams at the following games!

Thur., Jan. 22nd	4:30pm	Girls	@Stuart
Wed., Jan. 28th	3:00pm	Girls/Boys	@ PDS
Thur., Jan. 29th	3:30pm	Girls/Boys	@HOME

### About the Willow

- The Willow is published every Wednesday during the school year.
- Submissions are welcome from school parents, especially for Trading Post items. All submissions are subject to approval and may be edited for length or content.
- The Willow does not accept paid advertising or announcements promoting for-profit businesses.
- All submissions should be typed in plain text and sent via email. The text can either be in the body of the email or in a Word document.

Please send all submissions and any inquiries regarding The Willow to: [willow@princetonwaldorf.org](mailto:willow@princetonwaldorf.org)

#### 2009 Deadlines for the Willow

January 28th issue: Submit items no later than Thursday, January 22nd

February 4th issue: Calendar Only

February 11th issue: Submit items no later than Thursday, January 5th



## Circus Grades 1 and 2

**Fridays**

**Choose Center Ring: 1:00-2:00  
or Top Hat: 2:00-3:00**

Children will learn to roll like seals, balance like storks and juggle scarves like clowns in this circus workshop. Clapping games, crawling through tunnels, and playing dog and the bone bring children through vital movement stages – all in the spirit of just plain fun.

Dates: Feb 6 – Mar 27 excludes 2/20, 3/6

Cost: \$120 for 6 sessions

Location: 1<sup>st</sup> grade room

**Bella Jaikaria** has been trained to use Waldorf's "extra lesson" techniques. Zoo exercises such as those in this circus workshop help children to move through specific developmental stages which provide an important foundation for later academic learning. Currently, Mrs. Jaikaria assists in the first grade.

Students at the Waldorf School of Princeton have been learning multi-dimensionally for over 80 years. Dr. Gabriele Rico, professor of English and Creative Arts at San Jose University and renowned author of the classic, *Writing The Natural Way*, says, "Steiner was very ahead of his time. What he recognized about learning in the early 1900s is gradually being substantiated by new discoveries in brain research. For more than 80 years, Waldorf education has been putting into effect what major brain researchers and educators are discovering about the human brain/mind. Waldorf is now being recognized and what Rudolf Steiner envisioned is only beginning to be part of the educational consciousness."

- Fine Arts – drawing, painting
- Music – singing, recorder, strings, ensemble
- Dramatic arts – acting, set design, choreography
- Movement arts – eurythmy (develops spatial awareness and coordination)
- Sculptural arts – clay and wax sculpting
- Fiber arts - Knitting, crochet, embroidery, felting, sewing
- Gardening – planting, maintaining, harvesting
- Practical Arts – measuring, planning, building
- Wood working – sawing, sanding, carving

### To Register:

Contact Jessica Alfaro at (609) 466-1970 x110 or  
<mailto:frontdesk@princetonwaldorf.org>  
 See [www.princetonwaldorf.org](http://www.princetonwaldorf.org) – for more Enrichment  
 Workshops



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**WALDORF SCHOOL**  
*of* **PRINCETON**